

ADULT REFERRAL INTO THE SARC

For clients aged 13 and above

The Pathway is the same for all referrals, whether self, police or other agency.

Refer to the Child Pathway in addition to this one, for clients aged 13-17 years.

Anyone over the age of 13 can contact the SARC;

- * for advice, and information about what is available to them following both

- * recent – (within past 2 to 7 days, depending on the type of assault)

- *or non-recent – (from 7 days to several years following a sexual assault)

- *to provide intelligence about an assault, confidentially and without having to report to police

- *for access referral to partner agency support, including Talking Therapies

- *to request referral to the Suffolk ISVA service

- * to arrange forensic/medical examination (if appropriate)

In the first instance, call our helpline on **0300 123 5058 – available 24/7**

Your call may be answered by our partners at Mountain Healthcare.

Depending on the nature of your enquiry and the time of day, you will then be transferred to

a **Forensic Nurse Examiner** or a **SARC support advisor**

If an examination is offered and you consent to this, a time for attending the SARC will be arranged with you.

All information you require for your attendance will be explained before you attend.

If you are under 18 we may need to speak to other agencies before you attend.

Your health, safety and wellbeing are extremely important to us.

You may withdraw your consent from discussion or examination at any time.

You will never be pressured to engage any further than you wish to.

We have a duty to safeguard all clients and occasionally the wider public. Should we have reason to seek advice or make safeguarding referrals from the information you provide, we shall explain our reasons, ensure you remain informed of our actions and are supported at all times.

We will treat you with respect and dignity at all times.

There is no obligation to report to police but should you choose to do so,

we will support you in this process.