|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sudden Uxpected Death in Infancy Professional Thinking Tool** | | | | | | |
| The SUDI Thinking Tool should be used to prompt conversations and assessment of safe sleeping arrangements for infants under one year.  Consider in the assessment –   1. Involving the parent/carer in the assessment. 2. Child and Young Person Centred. 3. Think Family. 4. Multi-Agency Approach. | | | | | | |
| **Names and DOB**  (include everyone living at the family address) | | |  | | | |
| **Date:** |  | **Practitioner:** |  | | | |
|  | | | | Yes (strength) or N/A | No  (requires improvement) | Impact on the infant – Consider Voice of the child.  Specific details |
| 1. **At risk -** Aged up to 12 months | | | | | | |
| 1.1 ‘Safer sleep’ advice given and discussed for understanding? | | | |  |  |  |
| 1.2 Adequate sleeping arrangements in conjunction with safer  sleep advice?  e.g where is the baby/child sleeping? Observation of the  sleeping environment, day and nightime sleeps. | | | |  |  |  |
| 1.3 Safe use of monitoring aids  e.g., videos, alarms, placement and wiring. Should  compliment direct observation of infant not replace. | | | |  |  |  |
| 1.4 Acknowledgement of cultural factors and wider family  beliefs  e.g Views of wider family/ grandparents might influence  parental choices | | | |  |  |  |
| 1.5 Supervision of siblings and pets | | | |  |  |  |
| 1.6 Parental awareness of safe use of car seats and slings  e.g. TICKS guidance | | | |  |  |  |
| 1.7 Not exclusively breastfed | | | |  |  |  |
| **2.0 Increased risk** | | | | | | |
| 2.1 Boy | | | |  |  |  |
| 2.2 Aged 3 – 5 months | | | |  |  |  |
| 2.3 Multiple births ( twins or triplets)  e.g. sleeping arrangements, coping with extreme  tiredness | | | |  |  |  |
| 2.4 Prematurity/ low birth weight ( less than 2.5 kg)  e.g. positioning/ handling of premature infants | | | |  |  |  |
| 2.5 Maternal smoking during pregnancy | | | |  |  |  |
| 2.6 Overheating  e.g. room thermometer, heat rash | | | |  |  |  |
| 2.7 Co-sleeping ( Bed-sharing with an adult) e.g. coping  strategies when extremely tired/ infant unsettled at night | | | |  |  |  |
| 2.8 Cluttered or inadequate housing conditions | | | |  |  |  |
| 1. **High risk** | | | | | | |
| 3.1 Co-sleeping with an adult who has drunk alcohol | | | |  |  |  |
| 3.2 Co-sleeping with an adult who has taken drugs/  substances including prescription medication with  sedative side effects | | | |  |  |  |
| 3.3 Co-sleeping with a smoker | | | |  |  |  |
| 3.4 Co-sleeping when a baby is unwell ( snuffly) | | | |  |  |  |
| 3.5 Sleeping on a sofa or armchair | | | |  |  |  |
| 3.6 Non-mobile infant sleeping on their front or side | | | |  |  |  |
| 3.7 Swaddled or head covered | | | |  |  |  |
| 3.8 Management of safe sleep for your baby in different  circumstances?  (e.g. sleeping away from home, after  drinking alcohol at a party or celebration, vacations) | | | |  |  |  |
| **4.0 Analysis** | | | | | | |
| What risk factors have been identified during this assessment? | | | |  |  |  |
| **5.0 Action Plan** | | | | | | |
| What is your action plan including time scales?  [Caring for your baby at night and when sleeping (unicef.org.uk)](https://www.unicef.org.uk/babyfriendly/wp-content/uploads/sites/2/2018/08/Caring-for-your-baby-at-night-web.pdf)  [How to reduce the risk of SIDS for your baby - The Lullaby Trust](https://www.lullabytrust.org.uk/safer-sleep-advice/)  [The Baby Check App - The Lullaby Trust](https://www.lullabytrust.org.uk/safer-sleep-advice/baby-check-app/)  [BASIS – Baby Sleep Information Source (basisonline.org.uk)](https://www.basisonline.org.uk/) | | | |  |  |  |