

HELPING THOUSANDS OF PEOPLE EVERY YEAR

This year Turning Point will help thousands of people to recover from alcohol problems. We offer practical support in three key areas of your life.

YOUR HEALTH

We have a medical team who can provide treatment advice to complement and support your recovery.

YOUR WELLBEING

Recovery can feel hard – our service supports you as a whole person helping you find the fun in life again with alternative activities, volunteering opportunities, alternative therapies and a safe space to talk. We also support those you love so they can learn alongside you – which will aid your recovery and help them understand more..

YOUR FUTURE

We work in partnership with local agencies to support your future. Support is available to help with housing, education, employment, life skills and hobby skills.

Recovery is more than just stopping using alcohol. It is about moving forward into a healthy and happy future which is in your control.

OFFERING SUPPORT TO PARENTS WITH PROBLEMATIC ALCOHOL USE

We are piloting a different way of working with families where there is parental problematic alcohol use.

This initiative will cover Ipswich and East Suffolk and is a whole system approach working with other agencies to improve quality of life for the parent, children, young people and the family.

Parents can be seen in the community if necessary, if they are living in the outlying areas of East Suffolk.

For further information or to refer please send an email to:

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